



## BREAKFAST – OUTBOUND AND INBOUND – SOUTH

<b>1-S</b>	<b>EGGS BENEDICT</b>	Scrambled eggs with Hollandaise sauce and smoked turkey bacon, served on an English muffin
<b>2-S</b>	<b>CHEESE OMELETTE</b>	Cheddar cheese omelette with potato fingerlings, sautéed mushrooms and tomatoes
<b>3-S</b>	<b>COLD BREAKFAST</b>	Whole wheat bagel with cream cheese, fruit bowl with yogurt and crunchy honey granola
<b>4-S</b>	<b>SALSA &amp; HERB OMELETTE</b>	Salsa and herb omelette with chicken apple sausage and roasted potatoes

Please note that, while Air Transat makes every effort to satisfy clients' requests, choice of meal is subject to change without notice as a result of operational realities such as delays and schedule changes.





## LUNCH/DINNER – CANADA TO/FROM SOUTH

<b>5-S</b>	<b>CHICKEN WITH PENNE PESTO</b>	Roasted chicken breast with penne pasta and basil pesto sauce
<b>6-S</b>	<b>PENNE PRIMAVERA</b>	Penne pasta with vegetables and rosé sauce
<b>7-S</b>	<b>BEEF TERIYAKI</b>	Beef tenderloin strips with teriyaki sauce served with jasmine rice and vegetable stir fry
<b>8-S</b>	<b>BUTTERNUT SQUASH RAVIOLI</b>	Butternut squash ravioli with alfredo sauce
<b>9-S</b>	<b>BRAISED BEEF</b>	Braised beef with wine sauce, served with mashed red skin potatoes and mixed vegetables
<b>10-S</b>	<b>GENERAL TAO CHICKEN</b>	General Tao chicken with Shanghai noodles

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